

CURRICULUM VITAE		Mrs. SUDHEERA KUNDURU, MPT-NPD, (PhD) Professor Padmashree Institute of Physiotherapy, Bangalore
Summary-Career History / Work experience		
Dates	Employer	Title of Post
August 2012 – July 2014	Padmashree Institute of Physiotherapy, Bangalore, Karnataka, India	Assistant Professor
August 2014 – July 2020		Associate Professor
August 2020 till date		Professor
Other Roles and Responsibilities		
<ol style="list-style-type: none"> PG and UG Question Paper Setter & External Examiner to RGUHS, KAHER, NTRUHS, KUHS, Dayanand Sagar University, SDM University, NIMS, NITTE University. Physiotherapist at Maxcure Speciality Clinic, Bangalore. 		

Summary-Previous - Career History / Work experience		
Dates	Employer	Title of Post
April 2012 – July 2012	KTG College of Physiotherapy, Bangalore, Karnataka	Assistant Professor
February 2009 – March 2012	Pragathi College of Physiotherapy, Nizamabad, Telangana	Assistant Professor
September 2007 – January 2009	Manipal Hospital, Bangalore, Karnataka	Physiotherapist
April 2003 – March 2005	Rohini Medicare (Pvt.) Ltd, Hanamkonda, Telangana	Consultant Physiotherapist
March 2003 – February 2005	Vaagdevi College of Physiotherapy, Hanamkonda, Telangana	Lecturer

Summary-Educational Achievements				
Date	Educational Institution	Conferring Body	Course of Study	Qualification Achieved
August 2020	SIMATS, Chennai, Tamil Nadu	SIMATS, Chennai, Tamil Nadu	PhD	Pursuing (Registered in 2020)
May 2005	Padmashree Institute of Physiotherapy, Bangalore, Karnataka	RGUHS, Bangalore, Karnataka	MPT-2 years (Neurological and Psychosomatic Disorders)	Master of Physiotherapy (MPT)
October 1998	SDM College of Physiotherapy, Dharwad, Karnataka	RGUHS, Bangalore, Karnataka	BPT-4 years (Including six months Compulsory Rotatory Internship)	Bachelor of Physiotherapy (BPT)

ADDITIONAL INFORMATION

Contribution to Physiotherapy

1. Treating and rehabilitating patients with various musculoskeletal and neurological disorders since 2003.
2. Assisting clients with prenatal and post-natal rehabilitation since 2007.

Journal Publication/ Articles Published :

1. Chandraprabha A, Sudheera K. Retention effect of dual task training on mobility, fear of fall and quality of life in subjects with parkinson's disease. Indian Journal of Physiotherapy and Occupational Therapy. 2021; 15(4):90-96.
2. Anchal J, Sudheera K. Effect of task-oriented exercises with and without altered sensory input on balance and falls in subjects with Parkinson's disease. RJPT. 2021; 1(3):16-21.
3. Sangeetha T, Kunduru S. Proprioceptive training versus progressive adaptive physical activity on balance in subjects with sub-acute stroke. Int J Health Sci Res. 2022; 12(1):7- 12.
4. Shubhangi Sharma, Sudheera Kunduru. Effect of dynamic neural mobilization on upper limb motor function and functional mobility in subjects with subacute stroke. International Journal of Multidisciplinary Research and Development. 2022; 9(1):6-9.
5. Sudhir Kumar, Sudheera Kunduru, Demonge Kushan Anthony. Physical Activity Levels among Community Dwelling and Care Home Dwelling Elderly Population. Indian Journal of Physiotherapy and Occupational Therapy. 2022; 16(1):143-149.
6. Babel DK, Kunduru S. Trunk rotation exercises versus sit-to-stand training with step-foot position on balance and gait in patients with chronic stroke. Indian J Phys Ther Res 2021;3:83-7.
7. V. Manoja, Sudheera Kunduru. Effect of multisensory training on balance, gait and quality of life in subjects with diabetic neuropathy. International Journal of Healthcare Sciences. 2022; 9(2):251-256.
8. Vidhya Shetty, Sudheera Kunduru. Gaze stability exercises versus motor cognitive dual task training on cognition and dynamic postural ability in elderly subjects with mild cognitive impairment. International Journal of Life Sciences Research. 2022; 10(1):26-32.
9. Priyanka A.S.S.G, Sudheera Kunduru. Nordic Walking Versus Resistance Training On Balance And Gait In Subjects With Parkinson's Disease. International Journal of Development Research. 2022; 12(4):55500-55503.
10. Mainak Patra, Sudheera Kunduru. Effect of Motor Relearning Program on Dynamic Gait Performance and Functional Mobility in Sub-acute Stroke patients: A Pilot Quasi-Experimental Study. Istanbul International Modern Scientific Research Congress-III. 2022; pg 750-754. www.istanbulkongresi.org
11. Vimala, Sudheera Kunduru. Long Term Effect Of Myofascial Release Technique Versus Positional Release Technique On Pain And Functional Ability In Subjects With Chronic Plantar Fasciitis. International Journal of Recent Advances in Multidisciplinary Research. 2022; 9(5):7762-7764.
12. Pooja Jain K, Sudheera Kunduru. Visual Imagery versus Auditory imagery on upper extremity function in subjects with chronic stroke. International Journal of Applied Research. 2022; 8(7):115-119.
13. Hima Bindu Kanganapalli, Mallikarjunaiah H S, Sudheera Kunduru. Blindfolded balance training versus Swiss ball exercises on static and dynamic balance in subjects with Diabetic Neuropathy. International Journal of Advanced Educational Research. 2023; 8(1):11-14.
14. Mainak Patra, Sudheera Kunduru. Effect of Motor Relearning Program with Obstacle Walking on Dynamic Gait Performance and Functional Mobility in Subacute Stroke Subjects. Indian Journal of Physiotherapy and Occupational Therapy. 2023; 17(4):55-60.

CME & Conferences

1. Completed 3 months certification course on Fellowship in Electrodiagnosis for Physiotherapist (FEPT) on 10/12/2023.
2. Completed certification course in Diabetes and Metabolic Disorder Care conducted by NHS on 25/09/2023.
3. Participated in the Mangalore Physiocon 2023 and presented a Scientific Paper on "Cruetzfeldt-Jakob Disease – A Rare Case Report" under the Academician Category held in Mangalore on 8th and 9th September, 2023. Also, contributed as the Chairperson for the Scientific presentations.
4. Participated in the STRIDE'23 conference and presented a paper under PhD Scholar category on 6th and 7th April, 2023 at Chennai and contributed as a Judge for the scientific presentations.
5. Participated in the DSU PHYSIOCON 2023 and contributed as a Scientific Chairperson on 03/03/2023 at Bangalore.
6. Participated in the 10th Annual Physiotherapy of the Bangalore Physiotherapists Network on 31/07/2022.
7. Certified for Foundation Course in Educational Methodology (FCEM) conducted by RGUHS, Bangalore in May-June, 2022.
8. Participated online in the 3rd International Modern Scientific Research Congress, Istanbul, Turkey from 6th to 8th May, 2022.
9. Participated in the MANGALORE PHYSIOCON 2022 on 25/03/2022 and 26/03/2022 at Mangalore.
10. Completed the e-learning course on ICH GOOD CLINICAL PRACTICE E6 (R2) ON 26/02/2022.
11. Attended webinar on The Complete Roadmap for Thesis Writing on 12/12/2022.
12. Participated in the online training in Assessment Methods for Teachers of Physiotherapy Faculty conducted by RGUHS, Bangalore on 16/12/2021.
13. Attended webinar on Research Paper Publication for PhD Scholars on 25/07/2021.
14. Attended webinar on Research Paper Writing for PhD Scholars on 11/07/2021.
15. Participated in the 58th Annual Conference of the IAP from 6th to 8th March, 2020 at Mahabalipuram, Chennai.
16. Participated in the Dr MGM International Physiotherapy Post Conference – 2017 organized by NIMHANS and secured 1st place in the Scientific Presentation under the Academician and Clinician Category on 19/03/2017 in Bangalore, Karnataka.

Resource Person / Invited Lectures

1. Addressed the topic "Oromotor Rehabilitation – An untouched Area in Physiotherapy Practice" at STRIDE'21 from 5th to 10th December, 2021.
2. Addressed the topic "Vestibular Rehabilitation" in Concurrent Symposia at Padmashree Institute of Physiotherapy on 4th June, 2015.

Guided Dissertations

40+ Dissertations guided for PG-MPT students

Roles and Responsibilities as

(Current Designation)

1. PG-MPT Program Co-ordinator – Planning and implementing the MPT curriculum.
2. Guide/Co-guide to PG students specializing in Neurological Sciences.
3. Cultural Co-ordinator – Planning and conducting of On stage and Off stage cultural events .
4. Subject Incharge of Neuro-Physiotherapy for IV BPT students.